Weapon Requirements for Kyu Promotion

<u>6th Kyu</u>

Sword Requirements

Demonstrate these Kamae: Seigan Jodan Jodan Hasso Gedan Hasso Front Gedan

With a partner, demonstrate both sides of the basic paired striking-blocking exercise

Jo Requirements

Demonstrate the basic solo jo form

5th Kyu

Sword Requirements

With a partner, demonstrate the following responses to a shomen strike:

Tsuki to the throat Falling spiral deflection Rising spiral deflection Cut to the mid-section

Demonstrate the solo eight direction sword cuts

Jo Requirements

With a partner, demonstrate: Basic jo form from the 6th kyu Kumi-jo number one

<u>4th Kyu</u>

Sword Requirements

Kumitachi numbers 1 - 3

Jo Requirements

Kumi-jo numbers 1 - 3

<u>3rd Kyu</u>

Sword Requirements Kumitachi Numbers 1 – 6 Jo Requirements Kumi-jo numbers 1 – 6

2nd Kyu

Sword Requirements Kumitachi Numbers 1 – 9 **Jo Requirements** Kumi-jo numbers 1 – 6

1st Kyu

Sword Requirements Kumitachi Numbers 1 – 12 Jo Requirements Kumi-jo numbers 1 – 6